# THIS DECISION HAS BEEN APPEALED. THE FOLLOWING IS THE RELATED SOAH DECISION NUMBER:

SOAH DOCKET NO. 453-05-3728.M5

MDR Tracking Number: M5-05-0583-01

Under the provisions of Section 413.031 of the Texas Workers' Compensation Act, Title 5, Subtitle A of the Texas Labor Code, effective June 17, 2001 and Commission Rule 133.305 titled <u>Medical Dispute Resolution - General</u> and 133.308 titled <u>Medical Dispute Resolution by Independent Review Organizations</u>, the Medical Review Division assigned an IRO to conduct a review of the disputed medical necessity issues between the requestor and the respondent. The dispute was received on 10-20-04.

The Medical Review Division has reviewed the enclosed IRO decision and determined that **the requestor did not prevail** on the issues of medical necessity. The IRO agrees with the previous determination that the aquatic therapy, office visits, neuromuscular re-education, gait training, therapeutic procedures-group and massage therapy were not medically necessary. Therefore, the requestor is not entitled to reimbursement of the IRO fee.

Based on review of the disputed issues within the request, the Medical Review Division has determined that medical necessity fees were the only fees involved in the medical dispute to be resolved. As the services listed above were not found to be medically necessary, reimbursement for dates of service from 06-09-04 to 07-14-04 is denied and the Medical Review Division declines to issue an Order in this dispute.

This Findings and Decision is hereby issued this 29th day of December 2004.

Debra L. Hewitt Medical Dispute Resolution Officer Medical Review Division

DLH/dlh

Enclosure: IRO decision

#### NOTICE OF INDEPENDENT REVIEW DECISION

December 21, 2004

Program Administrator Medical Review Division Texas Workers Compensation Commission 7551 Metro Center Drive, Suite 100, MS 48 Austin, TX 78744-1609

RE: Injured Worker:

MDR Tracking #: M5-05-0583-01 IRO Certificate #: IRO4326

The Texas Medical Foundation (TMF) has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO). The Texas Workers' Compensation Commission (TWCC) has assigned the above referenced case to TMF for independent review in accordance with TWCC Rule §133.308 which allows for medical dispute resolution by an IRO.

TMF has performed an independent review of the rendered care to determine if the adverse determination was appropriate. In performing this review, relevant medical records, any documents

utilized by the parties referenced above in making the adverse determination, and any documentation and written information submitted in support of the appeal was reviewed.

The independent review was performed by a matched peer with the treating health care professional. This case was reviewed by a health care professional licensed in Chiropractic Medicine. TMF's health care professional has signed a certification statement stating that no known conflicts of interest exist between him or her and any of the treating physicians or providers or any of the physicians or providers who reviewed the case for a determination prior to the referral to TMF for independent review. In addition, the reviewer has certified that the review was performed without bias for or against any party to this case.

#### Clinical History

This 25 year-old male injured his low back on \_\_\_\_ when he fell off a ladder. He has been treated with medications, therapy and surgery.

### Requested Service(s)

Aquatic therapy, office visit, neuromuscular reeducation, gait training, therapeutic procedures-group, and massage for dates of service 06/09/04 through 07/14/04

### **Decision**

It is determined that there is no medical necessity for the aquatic therapy, office visit, neuromuscular re-education, gait training, therapeutic procedures-group, and massage for dates of service 06/09/04 through 07/14/04 to treat this patient's medical condition.

#### Rationale/Basis for Decision

Physical medicine is an accepted part of a rehabilitation program following an injury. However, for medical necessity to be established, there must be an expectation of recovery or improvement within a reasonable and generally predictable time period. In addition, the frequency, type and duration of services must be reasonable and consistent with the standards of the health care community. Expectation of improvement in a patient's condition should be established based on success of treatment. Continued treatment is expected to improve the patient's condition and initiate restoration of function. If treatment does not produce the expected positive results, it is not reasonable to continue that course of treatment. In this case, medical record documentation does not indicate an objective or functional improvement in this patient's condition and evidence of a change of treatment plan to justify additional treatment in the absence of positive response to prior treatment.

Therefore, the aquatic therapy, office visit, neuromuscular reeducation, gait training, therapeutic procedures-group, and massage for dates of service 06/09/04 through 07/14/04 were not medically necessary to treat this patient's medical condition.

Sincerely,

Gordon B. Strom, Jr., MD Director of Medical Assessment

GBS:dm Attachment

#### Information Submitted to TMF for TWCC Review

**Patient Name:** 

TWCC ID #: M5-05-0583-01

## **Information Submitted by Requestor:**

- Initial Report
- Functional capacity evaluation
- Procedures
- Treatment Logs
- Pain Management
- Requests
- Diagnostic Tests
- Maximum Medical Improvement

## **Information Submitted by Respondent:**